



skybright

Product Manual



Iodine Liquid Mineral

T316 Iodine Liquid Mineral 50ml

Adult Dosage:

Take 2 drops daily in 250ml of juice or water.

Active Ingredients:

Each 2 drops contains:

Iodine (source Potassium Iodide) 225mcg

Purified Water

Product Features:

Skybright Iodine Liquid Mineral is 100% bioavailable – it is not necessary to take large doses in order for the mineral to be effective. Iodine is an important trace mineral, especially for those on a low salt diet. Easy to swallow and gentle on the stomach. Quality tested to assure safety and potency. No additives or sweeteners.

Product Benefits:

Skybright Iodine Liquid Mineral provides bioavailable iodine to help restore depleted levels. Liquid formula enhances absorption and assimilation. An essential trace element to support thyroid hormone production. Iodine plays an important role in supporting:

Immune function: scavenges free radicals and stimulates and increases the activity of antioxidants

Metabolic rate: through the production of thyroid hormone

Energy production: ensures efficient utilisation of carbohydrates thereby preventing their storage as excess fats

Iodine is a potent heavy metal detoxifier and bowel regulator. Iodine is not stored and is rapidly eliminated from the body.

When to use Skybright Iodine Liquid Mineral:

Important trace mineral for Iodine deficiency, healthy thyroid function and hormone balance.



Additional Information:

Absorption of supplemental iodine may be assisted if taken in fruit juice or an acidic drink.

Age	RDI*
1-3 years	90mcg
9-13 years (males)	120mcg
9-13 years (females)	120mcg
14-18 years (males)	150mcg
14-18 years (females)	150mcg
19-70+ years (males)	150mcg
19-70+ years (females)	150mcg
Pregnancy 19-50 years	220mcg
Lactation 19-50 years	220mcg

*The average daily dietary intake level that is sufficient to meet the nutrient requirements of nearly all (97–98%) healthy individuals in a particular life stage and gender group.

Pregnancy and Breastfeeding:

Considered safe in pregnancy and breastfeeding when used as directed. Use under the supervision of a health care practitioner.

Precautions and Contraindications:

Iodine may alter the effects and/or the dose of medications that affect the thyroid or alter iodine levels. Iodine may affect blood clotting abilities and therefore may interfere with medications such as Warfarin. Keep all supplements out of reach of children.

Side Effects:

Iodine toxicity may occur with doses of 1000mcg daily. Do not exceed the recommended dose unless under the supervision of a qualified health care practitioner.

Order now → info@skybright.co.nz

Iron Liquid Mineral

T311 Iron Liquid Mineral 50ml

Adult Dosage:

Take 30 drops (2ml) daily in 250ml of juice or water.
25 servings per bottle.

Active Ingredients:

Each 2ml contains:

Iron as Ferrous sulphate	10mg
Citric Acid	2mg
Purified Water	

Product Features:

Skybright Iron Liquid Mineral is 100% bioavailable – it is not necessary to take large doses in order for the mineral to be effective.

Contains Citric Acid to enhance absorption.
Easy to swallow and gentle on the stomach
Quality tested to assure safety and potency
No additives or sweeteners.

Product Benefits:

Skybright Iron Liquid Mineral provides bioavailable iron to help restore depleted iron levels. Citric Acid enhances the absorption of non-heme iron by keeping it in the reduced ferrous form, thereby retaining its solubility.

When to use Skybright Iron Liquid Mineral:

Iron supports production of red blood cells.

Adolescents Growth requirements are increased and the onset of menstruation can deplete iron supplies

Pregnancy Iron use is significantly increased during pregnancy due to foetal development and blood volume expansion

Vegetarian/vegan diet Iron from plant sources is not as well absorbed as that from meat sources

Acute or chronic blood loss Due to disease, infection, gastric/duodenal ulcers

Malabsorption Such as coeliac disease or gastric bypass surgery

Athletes Have increased iron requirements due to intense endurance activity.



Additional Information:

Recommended Dietary Intakes for Iron:

Age	RDI*
1-3 years	9mg
4-8 years	9mg
9-13 years (males & females)	8mg
14-18 years (males)	11mg
14-18 years (females)	15mg
19-70+ years (males)	8mg
19-50 years (females)	18mg
51-70+ years (females)	8mg
Pregnancy (all ages)	27mg

*The average daily dietary intake level that is sufficient to meet the nutrient requirements of nearly all (97–98%) healthy individuals in a particular life stage and gender group.

Pregnancy and Breastfeeding:

Safe in pregnancy and breastfeeding when used as directed.

Precautions and Contraindications:

Individuals should not exceed the recommended dose unless directed by their health care practitioner. Iron can interact with some antibiotics and other drugs such as those used to support thyroid function. If taking other medication consult your health care practitioner before taking iron supplements. Individuals with haemochromatosis should avoid taking iron supplements unless directed by their health care practitioner. Keep all supplements out of reach of children.

Side Effects:

Taking high doses of iron may cause gastrointestinal side effects which may include abdominal pain, nausea and vomiting.

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Magnesium Liquid Mineral

T312 Magnesium Liquid Mineral 50ml

Adult Dosage:

Take 30 drops (2ml) daily in 250ml of juice or water.
Take between meals for better absorption.
25 servings per bottle.

Active Ingredients:

Each 2ml contains:

Magnesium Chloride	200mg
Purified Water	

Product Features:

Skybright Magnesium Liquid Mineral is 100% bioavailable – it is not necessary to take large doses in order for the mineral to be effective.

Easy to swallow and gentle on the stomach
Quality tested to assure safety and potency
No additives or sweeteners.

Product Benefits:

Skybright Magnesium Liquid Mineral provides bioavailable magnesium to help restore depleted levels. No additives.

Pregnancy and Breastfeeding:

Safe in pregnancy and breastfeeding when used as directed. Use under the supervision of a health care practitioner.

Precautions and Contraindications:

Individuals with kidney disease should consult their health care practitioner before taking a magnesium supplement.

Individuals with severe heart disease should consult their health care practitioner before taking a magnesium supplement. Keep all supplements out of reach of children.

When to use Skybright Magnesium Liquid Mineral:

Magnesium is necessary for supporting normal heart function, nerve impulse transmission, muscle relaxation and calcium management. Symptoms of deficiency include: muscle tiredness, tension and fatigue.



Side Effects:

Excess magnesium intake may cause diarrhoea.

Additional Information:

Recommended Dietary Intakes for Magnesium:

Age	RDI*
1-3 years	80mg
4-8 years	130mg
9-13 years (males & females)	240mg
14-18 years (males)	410mg
14-18 years (females)	360mg
19-30+ years (males)	400mg
31+ years (males)	420mg
19-30 years (females)	310mg
31+ years (females)	320mg
Pregnancy 19-30 years	350mg
Pregnancy 31-50 years	360mg

*The average daily dietary intake level that is sufficient to meet the nutrient requirements of nearly all (97–98%) healthy individuals in a particular life stage and gender group.

Signs and symptoms of magnesium deficiency can include: irritability, fatigue, mental confusion, weakness, muscle cramps, insomnia and heart disturbances.

Magnesium is a cofactor for more than 300 enzyme systems and is involved in both aerobic and anaerobic energy generation and in glycolysis. Magnesium is required for mitochondria to carry out oxidative phosphorylation (energy production). It plays a role in regulating potassium fluxes and in the metabolism of calcium.

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Potassium Liquid Mineral

T318 Potassium Liquid Mineral 50ml

Adult Dosage:

Take 30 drops (2ml) daily in 250ml of juice or water.
Take between meals for better absorption.
25 servings per bottle.

Active Ingredients:

Each 2ml contains:

Potassium Chloride	99mg
Purified Water	

Product Features:

Skybright Potassium Liquid Mineral is 100% bioavailable – it is not necessary to take large doses in order for the mineral to be effective. Easy to swallow. Gentle on the stomach. Quality tested to assure safety and potency. No additives or sweeteners.

Product Benefits:

Skybright Potassium Liquid Mineral provides bioavailable potassium to help restore depleted levels. Potassium is crucial to heartbeat regulation, renal function, muscle contraction and proper functioning of the nervous system.

Precautions and Contraindications:

Contraindicated in those with hyperkalemia. Individuals with heart, adrenal gland or kidney disease should consult their health care practitioner before taking a potassium supplement. Potassium may interfere with some prescription and non-prescription medications – seek the advice of your medical practitioner. Keep all supplements out of reach of children.

When to use Skybright Potassium Liquid Mineral:

Potassium works with sodium, magnesium and calcium to support the regulation of normal blood pressure, proper heart rhythm, blood sugar regulation and transmission of nerve impulses. Potassium is necessary for cellular contraction and for the proper balance and delivery of glucose into cells.



Additional Information:

Recommended Dietary Intakes for Potassium:

Age	RDI*
1-3 years	2000mcg
4-8 years	2,300mcg
9-13 years (males)	3,000mcg
9-13 years (females)	2,500mcg
14-18 years (males)	3,600mcg
14-18 years (females)	2,600mcg
19+ years (males)	3,800mcg
19+ years (females)	2,800mcg
Pregnancy 19-50 years	2,800mcg
Lactation 19-50 years	2,800mcg

*The average daily dietary intake level that is sufficient to meet the nutrient requirements of nearly all (97–98%) healthy individuals in a particular life stage and gender group.

Pregnancy and Breastfeeding:

Safe in pregnancy and breastfeeding when used as directed. Use under the supervision of a health care practitioner.

Side Effects:

Excess potassium intake may cause mental confusion, upset stomach, tingling sensation of the extremities and hyperkalemia.

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Selenium Liquid Mineral

T313 Selenium Liquid Mineral 50ml

Adult Dosage:

Take 15 drops (1ml) daily in 250ml of juice or water.
50 servings per bottle.

Active Ingredients:

Each 1ml contains:

Sodium Selenate 105mcg

Purified Water

Product Features:

Skybright Selenium Liquid Mineral is 100% bioavailable – it is not necessary to take large doses in order for the mineral to be effective.

Easy to swallow and gentle on the stomach

Quality tested to assure safety and potency

No additives or sweeteners.

Product Benefits:

Selenium Liquid Mineral provides bioavailable selenium to help restore depleted levels. Selenium is a trace mineral and is an important part of the enzyme glutathione peroxidase – essential to protect intracellular structures by preventing the formation of free radicals. Selenium slows chemical aging and helps maintain elasticity of body tissues and organs. Selenium supports liver function. Selenium may act as a heavy metal antagonist.

Precautions and Contraindications:

None known when used as directed.

Keep all supplements out of reach of children.

When to use Skybright Selenium Liquid Mineral:

Selenium plays a positive role in supporting immune system function, reproductive health, mood and thyroid function and cardiovascular health



Additional Information:

Recommended Dietary Intakes for Selenium:

Age	RDI*	Drops
1-3 years	25mcg	4 drops
4-8 years	30mcg	5 drops
9-13 years (males & females)	50mcg	7 drops
14+ years (males)	70mcg	10 drops
14+ (females)	60mcg	8 drops
Pregnancy 19-30 years	65mcg	9 drops
Pregnancy 31-50 years	65mcg	9 drops

*The average daily dietary intake level that is sufficient to meet the nutrient requirements of nearly all (97–98%) healthy individuals in a particular life stage and gender group.

Pregnancy and Breastfeeding:

Safe in pregnancy and breastfeeding when used as directed. Use under the supervision of a health care practitioner.

Side Effects:

Selenium toxicity has been reported for doses exceeding the upper level of intake for extended periods of time. Upper level of intake for males and females 14+ years is 400mcg per day. Signs and symptoms of selenium toxicity are brittleness and loss of hair and nails as well as gastrointestinal disturbance, skin rash, fatigue, irritability and nervous system abnormalities.

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Zinc Liquid Mineral

T314 Zinc Liquid Mineral 50ml

Adult Dosage:

Take 30 drops (2ml) daily in 250ml of juice or water.
25 servings per bottle.

Active Ingredients:

Each 2ml contains:

Zinc Sulphate	15mg
Purified Water	

Product Features:

Skybright Zinc Liquid Mineral is 100% bioavailable - it is not necessary to take large doses in order for the mineral to be effective. Zinc is an important trace mineral, especially in New Zealand due to soil depletions.

Easy to swallow and gentle on the stomach. Quality tested to assure safety and potency. No additives or sweeteners.

Product Benefits:

Skybright Zinc Liquid Mineral provides bioavailable zinc to help restore depleted levels.

Liquid formula enhances absorption and assimilation.

A powerful antioxidant protecting cells from free radical oxidation involved in a wide range of immune system functions and displays antiviral activity. Zinc enables Vitamin A to make the pigment melanin which protects the eye. Zinc supplementation may assist in male and female hormone synthesis.

When to use Skybright Zinc Liquid Mineral:

Skybright Zinc Liquid provides this essential mineral that is integral to multiple body system functions, including support for the cardiovascular, digestive, metabolic, musculoskeletal and immune systems.

Zinc can enhance the sense of taste and smell and is rapidly depleted by stress.



Additional Information:

Recommended Dietary Intakes for Zinc:

Age	RDI*
1-3 years	3mg
4-8 years	4mg
9-13 years (males)	6mg
9-13 years (females)	6mg
14-18 years (males)	13mg
14-18 years (females)	7mg
19-70+ years (males)	14mg
19-70+ years (females)	8mg
Pregnancy 19-50 years	11mg

*The average daily dietary intake level that is sufficient to meet the nutrient requirements of nearly all (97–98%) healthy individuals in a particular life stage and gender group.

Pregnancy and Breastfeeding:

Safe in pregnancy and breastfeeding when used as directed. Use under the supervision of a health care practitioner.

Precautions and Contraindications:

None known when used as directed.
Keep all supplements out of reach of children.

Side Effects:

Long term daily intake in excess of 100mg of elemental zinc may lead to iron-deficiency anaemia and immune suppression.

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Colloidal Silver Drops & Nasal Spray

CSL101	Colloidal Silver Drops	30ml
CSL110	Colloidal Silver Nasal Spray	30ml

Main Indications:

Immune support. Acute and chronic infection.

Adult Dosage:

Drops: 1 drop three times a day.

Nasal Spray: 1 or 2 sprays into each nostril 3 times a day.

Active Ingredients:

Ionic Colloidal Silver particles.

Product Features:

Skybright Colloidal Silver Liquid is very fine particles of 99.9% pure ionic silver dispersed in pharmaceutical grade water to support the body's immune system and natural healing.

The Colloidal Silver is positively charged for effective bactericidal activity.

Skybright Colloidal Silver particles are 1-5 nanometre (nm) in size and are at a concentration of ≤ 10 ppm (parts per million).

Each batch of Skybright Colloidal Silver is independently assayed to ensure consistent silver concentration is achieved for efficacy and to meet the New Zealand Dietary Supplements Regulations 1985 Act.

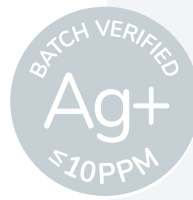
Product Benefits:

Bacteria do not build resistance as silver breaks down bacterial cell walls and interferes with respiration and reproduction. Our Colloidal Silver is at a very effective size and concentration to provide support for the immune system.

May be used internally or topically.

Quality assurance – guaranteed Ionic Colloidal Silver concentration of ≤ 10 ppm. Extremely safe when used as directed.

Suitable for all ages.



ALL
NATURAL



VEGAN
FRIENDLY



GLUTEN
FREE

Additional Information:

Can be taken in water or juice.

Do not store in a refrigerator, near a magnetic field, microwave, or an electronic device.

Pregnancy and Breastfeeding:

Safe in pregnancy and breastfeeding when used as directed.

Precautions and Contraindications:

No known nutrient or drug interactions.

Side Effects:

No known side effects when used as directed.

When to use Colloidal Silver Drops:

- Recommended for immunodeficiency conditions, ie: conditions that are slow to heal or are recurrent.
- Recommended for acute bacterial and viral conditions.
- Can be applied topically to fungal infections, burns, sores.
- Can be used in conjunction with other medications and supplements.

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Colloidal Silver Liquid

CSL104 Colloidal Silver Liquid	250ml
CSL105 Colloidal Silver Liquid	500ml

Main Indications:

Immune support. Acute and chronic infection.

Adult Dosage:

Take 5ml three times a day for five days, then 5ml once a day, when required.

Children 3-10 years of age take half adult dose.

Active Ingredients:

Ionic Colloidal Silver particles.

Product Features:

Skybright Colloidal Silver Liquid is very fine particles of 99.9% pure ionic silver dispersed in pharmaceutical grade water to support the body's immune system and natural healing.

The Colloidal Silver is positively charged for effective bactericidal activity.

Skybright Colloidal Silver particles are 1-5 nanometre (nm) in size and are at a concentration of $\leq 10\text{ppm}$ (parts per million).

Each batch of Skybright Colloidal Silver is independently assayed to ensure consistent silver concentration is achieved for efficacy and to meet the New Zealand Dietary Supplements Regulations 1985 Act.

Product Benefits:

Bacteria do not build resistance as silver breaks down bacterial cell walls and interferes with respiration and reproduction.

Skybright Colloidal Silver is at a very effective size and concentration to provide support for the immune system.

May be used internally or topically.

Quality assurance – guaranteed Ionic Colloidal Silver concentration of $\leq 10\text{ppm}$.

Extremely safe when used as directed.

Suitable for all ages.



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Additional Information:

Can be taken in water or juice.

Use a plastic spoon as metal affects the positive charge on the silver ions.

Do not store in a refrigerator, near a magnetic field or an electronic device.

Pregnancy and Breastfeeding:

Safe in pregnancy and breastfeeding when used as directed.

Precautions and Contraindications:

No known nutrient or drug interactions.

Side Effects:

No known side effects when used as directed.

When to use Colloidal Silver Liquid:

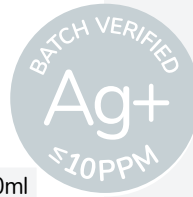
- Recommended for immunodeficiency conditions, ie: conditions that are slow to heal or are recurrent.
- Recommended for acute bacterial and viral conditions.
- Can be applied topically to fungal infections, burns, sores.
- Can be used in conjunction with other medications and supplements.

IONIC COLLOIDAL SILVER
MADE IN NEW ZEALAND

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Colloidal Silver Sprays

CSL113	Colloidal Silver Spray (Glass)	100ml
CSL108	Colloidal Silver Travel Bottle Spray (Plastic)	100ml



Main Indications:

Immune support. Acute and chronic infection.

Adult Dosage:

For topical use: spray onto the affected area and keep damp for fifteen minutes. This may require several sprays, allow to dry then apply Skybright Colloidal Silver Cream.

For internal use: 10 sprays into the mouth, 1-3 times a day.

Active Ingredients:

Ionic colloidal silver particles.

Product Features:

Skybright Colloidal Silver Liquid is very fine particles of 99.9% pure ionic silver dispersed in pharmaceutical grade water to support the body's immune system and natural healing.

The Colloidal Silver is positively charged for effective bactericidal activity.

Skybright Colloidal Silver particles are 1-5 nanometre (nm) in size and are at a concentration of ≤ 10 ppm (parts per million).

Each batch of Skybright Colloidal Silver is independently assayed to ensure consistent silver concentration is achieved for efficacy and to meet New Zealand regulations.

Product Benefits:

Bacteria do not build resistance as silver breaks down bacterial cell walls and interferes with respiration and reproduction.

Colloidal Silver is at a very effective size and concentration to provide support for the immune system.

May be used internally or topically.

Quality assurance - guaranteed Ionic Colloidal Silver concentration of ≤ 10 ppm.

Extremely safe when used as directed.

Suitable for all ages.



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Additional Information:

Suitable for use on broken skin.

Do not store in a refrigerator, near a magnetic field, microwave, or an electronic device.

Pregnancy and Breastfeeding

Safe in pregnancy and breastfeeding when used as directed.

Precautions and Contraindications

No known nutrient or drug interactions.

Side Effects:

No known side effects when used as directed.

When to use Colloidal Silver Liquid Spray:

- Can be applied topically to fungal infections, burns, sores. Best used in conjunction with Skybright Colloidal Silver Cream.
- Recommended for immunodeficiency conditions, ie: conditions that are slow to heal or are recurrent.
- Recommended for acute bacterial and viral conditions.
- Can be used in conjunction with other medications and supplements.



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Colloidal Silver Cream

CSC500	Colloidal Silver Cream	50g
CSC501	Colloidal Silver Cream	100g

Main Indications:

Topical application for skin related issues such as mild dermatitis and related skin complaints heat rash, topical yeast, itchy skin, athlete's foot, ringworm, dry/chafed skin, cuts, bites and minor burns.

Dosage:

Apply to affected area as required.

Full Ingredients:

Aloe Barbadensis Leaf Juice*, Ionic Colloidal Silver, Aqua (Water), Caprylic/Capric Triglyceride*, Persea Gratissima (Avocado) Oil*, Simmondsia Chinensis (Jojoba) Seed Oil*, Coco-Caprylate, Undecane, Glycerin*, Cetearyl Oliviate, Potassium Cetyl Phosphate, Honey (Mānuka)*, Isopropyl Myristate, Sorbitan Oliviate, Tridecane, Benzyl Alcohol, Beeswax*, Cetyl Alcohol, Glyceryl Stearate, Cyamopsis Tetragonoloba (Guar) Gum*, Tocopherol, Ascorbic Acid, Rosmarinus Officinalis (Rosemary) Extract, Dehydroacetic Acid, Leptospermum Scoparium (Mānuka) Branch/Leaf Oil*, Citrus Grandis Fruit Extract. *Organic.

Product Features:

Suitable for all skin types. Antibacterial, antifungal and anti-inflammatory properties. Well absorbed and nourishing.

Product Benefits:

Colloidal Silver antibacterial, antifungal and antiviral, used topically to aid the healing of the skin.

Jojoba oil (Simmondsia chinensis) is a liquid wax. Out of all the compounds in nature it is the most similar to sebum (human skin oil). The skin is tricked into thinking enough oil is produced and this can help balance oil production and prevent blocked pores. Jojoba oil spreads and absorbs well, provides day-long moisturisation.

Avocado oil (Persea americana) is a rich source of vitamin A, D & E. Beneficial in treating mild skin conditions. Antioxidant, antibacterial & anti-ageing it penetrates the skin more deeply than other oils allowing the transportation of nutrients from the outer epidermis into the dermis of the skin. It stimulates collagen metabolism which helps reduce signs of aging and accelerates the healing process to wounds and burns. It has a high fatty acid content to deeply moisturise the skin.



ALL-NATURAL,
SILICONE-FREE



Available in 50g, 100g and 200g glass jars.

Mānuka honey (high-grade) – Antibacterial, antioxidant, anti-inflammatory & antifungal it helps to fight infection and speed up the healing process.

Citrus fruit extract (Citrus paradisi) – potent and effective broad spectrum bactericide, fungicide, antiviral and antiparasitic compound.

Mānuka oil (Leptospermum scoparium) – research has confirmed that particularly against bacteria such as Staphylococcus and Streptococcus and Pathogenic Fungi, Mānuka oil has higher antibacterial and antifungal activity than Tea Tree oil (Melaleuca alternifolia).

Additional Information:

Suitable for use on dry, cracked or irritated skin.

Pregnancy and Breastfeeding:

Safe in pregnancy and breastfeeding when used as directed.

Precautions and Contraindications:

No known nutrient or drug interactions.

Side Effects:

No known side effects when used as directed.

When to use Skybright Colloidal Silver Creams:

Can be applied topically to fungal infections, burns, sores. Best used in conjunction with Colloidal Silver Spray.

Apply to dry or chafed skin or to assist the body's natural healing ability. May also be used to moisturise and condition the skin. Can be applied as often as required.

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Colloidal Silver Aloe Vera Gel

CSC531 Colloidal Silver & Aloe Vera Gel	30g
CSC532 Colloidal Silver & Aloe Vera Gel	60g

Main Indications:

Topical application for skin related issues such as rosacea, acne, psoriasis, eczema, dermatitis, heat rash, topical yeast, itchy skin, dry/chafed skin, sunburn, cuts, bites and minor burns.

Dosage:

Apply to affected area as required.

Active Ingredients:

Colloidal Silver, Aloe Vera extract (Aloe barbadensis leaf juice, Carbomer, Sodium Hydrate).

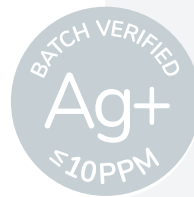
Product Features:

Suitable for all skin types.
Antibacterial, antifungal and anti-inflammatory properties.
Well absorbed.

Product Benefits:

Colloidal Silver antibacterial, antifungal and antiviral, used topically to aid the healing of the skin.

Aloe Vera the mucilaginous gel found inside the leaves of the Aloe Vera plant is considered one of the most effective healing agents for the treatment of burns and injuries. It has cooling, soothing, and healing properties.



⚠ For external use only

Carbomer Powder carbomer powder is used as a thickening agent – chemically it is synthetic high molecular weight cross-linked polymers of acrylic acid. It is not absorbed by body tissues and is totally safe. Test for toxicological tolerance show that it does not have pronounced physiological action and is non-toxic.

Sodium Hydrate is used adjust pH to the required level.

Pregnancy and Breastfeeding:

Safe in pregnancy and breastfeeding when used as directed.

Precautions and Contraindications:

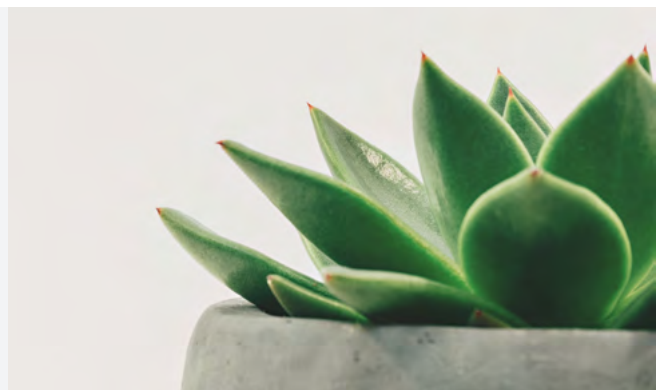
No known nutrient or drug interactions.

Side Effects:

No known side effects when used as directed.

When to use Skybright Colloidal Silver and Aloe Vera Gel:

- Can be applied topically to rosacea, burns, infections, insect bites and sores.
- Apply to dry or chafed skin and to assist the body's natural healing ability.
- May also be used to moisturise and condition the skin.
- Can be applied as often as required.



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Effervescing Anti-Uric Salts

HA102 Anti-Uric Salts 165g

Main Indications:

Gout, Arthritis, Rheumatism, Urinary tract infections, Indigestion and Heartburn.

Dosage:

Take 1 teaspoon daily in a glass of water.
Drink plenty of water in order to help reduce and remove uric acid from the body.

Active Ingredients:

One Teaspoon (5g) contains:

Sodium bicarbonate	2.25g
Acid tartaric	2.25g
Potassium hydrogen tartrate	275mg
Magnesium sulphate	225mg

Product Features:

pH Balancer.

Product Benefits:

Assists in balancing the pH in the body.

An imbalance of pH in the body can interfere with Uric Acid balance. Uric acid is a waste product of purine metabolism. Uric acid is dissolved in the blood and is normally excreted through the kidneys into the urine.

Additional Information:

Low purine diet is also advised if using Anti-Uric Salts to treat gout.

Pregnancy & Breastfeeding:

Pregnant or breast-feeding women should consult their doctor before use.

When to use Anti-Uric Salts:

- Used as an antacid, for short-term relief of stomach upset.
- To correct acidosis in kidney disorders.
- To make the urine alkaline during bladder infections and to minimize uric acid crystallization during gout treatment.



Precautions & Contraindications:

Anti-Uric Salts has high sodium content per dose due to the sodium bicarbonate. This means it may be inappropriate for someone with high blood pressure, on a sodium restricted diet or concurrent use with antacids (also high in sodium).

Sodium bicarbonate inhibits folic acid absorption therefore supplementation with folic acid is advised for people taking Anti-Uric Salts long term.

It may inhibit the absorption of iron supplements if taken at the same time. It should be taken more than 2 hours before or after iron supplementation.

Take Anti-Uric Salts at least 2 hours apart from other medicines.

People on medication should consult their doctor before using Anti-Uric Salts.

People with high blood pressure, congestive heart failure, kidney disease or with recent gastrointestinal bleeding should consult their doctor before use.

Side Effects:

Adverse reactions to the administration of sodium bicarbonate can include metabolic alkalosis, edema due to sodium overload, congestive heart failure, hyperosmolar syndrome, hypervolemic hyponatremia and hypertension due to increased sodium.

In patients who consume a high calcium or dairy-rich diet, calcium supplements, or calcium-containing antacids such as calcium carbonate (e.g. Tums), the use of sodium bicarbonate can cause milk-alkali syndrome, which can result in metastatic calcification, kidney stones, and kidney failure.

Order now → info@skybright.co.nz

Deer Antler Velvet 500mg

HAD02 Deer Antler Velvet 500mg Capsules 100 Caps

Main Indications:

The traditional uses of Deer Antler Velvet are many and varied, but they tend to fall into the general categories of support for:

Body strengthening

Blood cell production

Immune system support

Healthy joint function

Cardiovascular health and function

Sexual function

Dosage:

Take one capsule twice a day with food.

Do not take in the evening as it may prevent sleep.

Active Ingredients:

Deer Velvet Grade 'A' 100%, 500mg. Selected Velvet from farmed New Zealand Red Deer (*Cervus elephus*).

This product is processed, encapsulated, bottled and labelled within registered, verified RMP premises.

Shell ingredient: Bovine hard gelatin capsule 96mg.

Product Features:

Deer Antler Velvet contains only pure Velvet.

No added colouring, flavouring or preservatives.

Product Benefits:

Deer Antler Velvet contains multiple substances including the female sex hormones estrone and estradiol.

Deer Antler Velvet is the only living mammalian tissue that grows and is shed each year and is considered an excellent source of biologically active substances.

It also contains substances which may help cells grow and function. Is a natural source of proteins, amino acids, minerals, glucosamine, chondroitin, Omega 3 and Omega 6, and IGF-1, and IGF-2.

Precautions & Contraindications:

Hormone-sensitive conditions such as breast cancer, uterine cancer, ovarian cancer, endometriosis, or uterine fibroids.

Deer Antler Velvet may act like estrogen. If any condition is present that might be made worse by exposure to estrogen, don't use Deer Antler Velvet.

Side Effects:

None when used as directed.



Pregnancy & Breastfeeding:

Not recommended during pregnancy and breastfeeding.

Additional Information:

Deer Antler Velvet comes from the antlers of male deer, and is the name given to the softer new growth that is covered in velvety hair. Deer Antler Velvet has been used in Chinese medicine for over two thousand years and is well known for its health giving properties.

New Zealand Deer Antler Velvet is of a very high quality and rigorously tested to ensure the standard remains high. The antlers regenerate swiftly every spring (up to 2 cm per day), and because of this quick growth, they are a rich source of essential vitamins, minerals and nutrients. The antlers are removed before they harden into bone, by trained and accredited farmers and veterinarians, who ensure minimum discomfort to the deer. The velvet is then freeze dried to preserve the nutrients and ground to a powder. 1kg of antler will yield approximately 330g of dried powder.



When to use Skybright Deer Antler Velvet

To boost strength and endurance

To assist to alleviate muscle and joint aches and pains

To help improve immune system function

To support healthy cholesterol levels and blood pressure

Order now → info@skybright.co.nz

Organic Apple Cider Vinegar

HA305 Organic Apple Cider Vinegar 750ml

Main Indications:

General wellbeing
 Immune support
 Type II Diabetes
 Digestive complaints
 Joint health and mobility
 Mineral source
 Minor burns and wounds (topical application)
 Healthy hair and scalp

Dosage:

15-20ml in a large glass of water or as directed.

Active Ingredients:

Organic Apple Cider Vinegar.

Product Features:

Made from sun-ripened New Zealand apples.
 Derived from organic produce.
 Contains the 'mother' which is full of beneficial bacteria.
 Aged for 12 months to ensure full development of the mother.

Product Benefits:

Bitter taste supports liver function to achieve healthy digestion and relieve digestive discomfort.
 Presence of beneficial bacteria supports gastro-intestinal health.
 Contains pectin for cardiovascular health – pectin has been shown to help achieve healthy cholesterol levels.
 May help improve insulin sensitivity during a high-carb meal and lowers blood glucose and insulin responses.
 May assist to reduce blood sugar after eating and may reduce fasting blood sugars.
 May also increase insulin sensitivity and lower blood sugar responses during meals. Mineral source to assist with general health and wellbeing.
 Assists with the body's acid/alkaline balance to help relieve conditions such as gout and joint discomfort.

APPLE CIDER VINEGAR
 MADE IN NEW ZEALAND



Additional Information:

Organic Apple Cider Vinegar contains pectin for cholesterol balance and many minerals, including: potassium, chlorine, sodium, magnesium, calcium, sulphur, iron, fluoride and silicon.

The time-honoured recipe for general well-being is to mix 15-20ml of Organic Apple Cider Vinegar in a large glass of water, and take first thing in the morning.

Others believe that two teaspoons of vinegar in a glass of water should be taken before each meal (three times a day) to promote digestive function.

Honey can be added to the drink to improve the taste. Mānuka honey will naturally boost the tonic.

Pregnancy & Breastfeeding:

Safe during pregnancy & breastfeeding when used as directed.

Precautions & Contraindications:

None known when used as directed.

Side Effects:

No known side effects when using as directed.

The Apple Cider Vinegar Daily Tonic

As a daily tonic, mix 15-20ml in a large glass of water, and take first thing in the morning.

This prebiotic promotes digestive health with gut-friendly bacteria and pectin. It also has cleansing properties that can help maintain healthy blood sugar levels and balance your body's pH, resulting in increased energy.

Order now → info@skybright.co.nz

Swedish Bitters

HL401 Swedish Bitters 200ml

Main Indications:

Digestive aid.

Dosage:

Shake well before use. Adults 5-10mls per day.
Best taken after your evening meal. May be taken in water, herbal tea or juice. Keep out of reach of children.

Active Ingredients:

Aloe Vera	33.3mg
Gentian	33.3mg
Camphor	33.3mg
Manna	33.3mg
Theriaca Venezian*	33.3mg
Rhubarb Root	33.3mg
Zedoary Root	33.3mg
Angelica Root	33.3mg
Carline Root	16.5mg
Myrrh	16.5mg
Saffron	0.7mg
In a base of 40% Alcohol & Purified Water	

*Theriaca Venezian is a herbal blend that contains Angelica root, Diptam Root, Cardamom Seed, Cinnamon (Cassia), Bistort Root, Myrrh, Zedoary Root & Valerian Root.

Product Features and Benefits:

Gluten free formula.

Suitable for people with lactose intolerance.

As the herbs in Skybright Swedish Bitters are sourced from different countries around the world, all herbs are tested in a pharmacy lab to make sure they are free from contamination before they are used for the formula.

Ingredient Information:

Aloe Vera & Carline Root Aloe Vera soothes and cleanses and helps decrease irritation in the stomach and intestines, aiding proper digestion. Carline Root supports healthy immune, respiratory and reproductive systems, and normal bladder function.

Myrrh & Saffron Myrrh helps to build up the body's defence mechanisms and is effective in keeping the digestive, sinus, skin and respiratory organs healthy. Saffron supports healthy sleep patterns. It's also good for the health of the uterus and digestive tract.



Camphor & Rhubarb Root Camphor is a bitter herb that can reduce inflammation and help to ease pain and spasms. It can also enhance digestion and kill intestinal parasites. Rhubarb Root aids healthy intestinal motility, and assists the skin's natural barrier.

Zedoary & Angelica Root Zedoary is commonly used for colic, spasms, loss of appetite, and indigestion. Angelica Root aids proper digestion by flushing out toxins and maintains the respiratory system. It also supports joint mobility and helps the skin eliminate toxins.

Gentian, Manna & Theriaca Venezian Gentian is used for digestion problems such as loss of appetite, bloating and heartburn. Manna helps to maintain proper bowel movement. Theriaca Venezian has diuretic, digestive and antiseptic properties.

Alcohol The alcohol used in Swedish Bitters is gluten free. It is sourced from whey protein and is made in New Zealand. It is medicinal alcohol.

HOW TO TAKE SWEDISH BITTERS



Take it in a shot glass before or after meals to stimulate digestion, settle the stomach before eating and neutralise the damages of alcohol. After a heavy meal, it can be helpful against indigestion, as well as to relieve bloating and gas.

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“The wonderful healing power of this herb mixture, it can be said, and rightly, there is hardly any illness where Swedish Bitters is not of benefit, or at least is effective basis for every treatment.”

Austrian herbalist Maria Treben “Health Through God’s Pharmacy”

Pregnancy & Breastfeeding:

Do not take during pregnancy and breastfeeding.

Precautions & Contraindications:

Keep out of the reach of children.

Do not take if vomiting, nausea, diarrhea or abdominal pains are present.

Do not take if a bowel obstruction is present.

Do not take if gastric or duodenal ulcers are present.

Side Effects:

Keeping strictly to the recommended dose is unlikely to produce any side effects, unless you are allergic to an ingredient.

The most noted side effects that may occur are dehydration, allergy, rashes or cramps.

Additional Information:

Swedish Bitters is one of Europe’s oldest and most effective health products. The formula was originated by Paracelsus in the 1500s and it has been used effectively for over 400 years.

Swedish Bitters has been brought to the forefront of modern medicine by the distinguished Austrian herbalist Maria Treben in her book “Health Through God’s Pharmacy”. She cites numerous case histories in which Swedish Bitters has helped provide the answer to serious ailments, both external and internal.

The bitter taste has a very important part to play in the effectiveness of the Swedish Bitters formulation.

The liver, the keeper of balance in the body, is stimulated by the bitters in Swedish Bitters and will then produce fluids required for proper and complete digestion and drive toxins out of your system. It is very important to cleanse your body of toxins and unwanted substances.

This will also help your blood circulation and the health of your arteries. This helps to revitalise the entire circulatory system, which may help to improve blood pressure and immune system strength.

A HERBAL TONIC TO AID DIGESTION



ALL
NATURAL



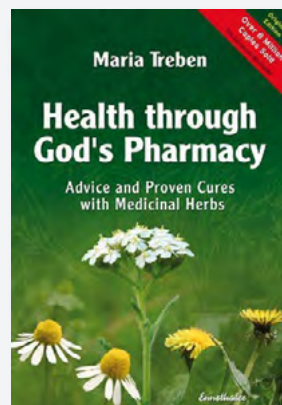
VEGAN
FRIENDLY



GLUTEN
FREE

When to use Skybright Swedish Bitters:

- To promote biliary, pancreatic and gastric secretion
- To aid the cleansing of the liver
- To relieve bloating, flatulence, gas, cramps and soothe the stomach
- To encourage toxin elimination
- Gentle laxative and can also assist to alleviate constipation



Swedish Bitters has been brought to the forefront of modern medicine by the distinguished Austrian herbalist Maria Treben in her book “Health Through God’s Pharmacy”.

Order now → info@skybright.co.nz



Skybright Health is proud to be New Zealand owned and operated. The products are manufactured in our purpose-built GMP compliant facility in Hawke's Bay, Aotearoa, or sourced internationally from reputable manufacturers with the highest possible credentials.



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The information in this brochure is not intended as a medical prescription for any disease or illness. Nothing stated here should be considered medical advice. Use as directed. If symptoms persist, consult your healthcare professional.

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